

# Comstock Community Center

## Ongoing Activities

Activity	Day	Time	Cost
<b>Bingo</b>	Thursday	1-3p	Bring \$1 gift in bag
<b>Bridge</b>	2nd/4th Wednesday	1-4p	Call Bobbi at 381-6317
<b>Cardio Drumming</b>	Tuesday	9-10a	\$10/class
<b>Ceramics</b>	Tuesday	1-3p	\$3/class
<b>Chair Yoga</b>	Monday	10:30-11:30a	\$5/class, pay instructor
<b>Commodities</b>	Friday after 1st Wed.	9a-12p	Must have appt.
<b>Exercise Class</b>	Tuesday	10:30-11:30a	\$10/class
<b>Food Pantry</b>	Tues/Thurs	1-3p	Walk ins
<b>Foot Care Clinic</b>	2nd/4th Monday 2nd Wednesday 1st/3rd Thursday 4th Friday	9a-4p	Must have appt. and bring towel \$30
<b>Karaoke</b>	2nd/4th Wednesday	1-2p	FREE
<b>Line Dance</b>	Wednesday	9-10:30a	\$4
<b>Massage</b>	Wed/Thurs	10a-3p	Call 269-340-1500 \$40 1/2 hr, \$70 hr
<b>Shuffleboard</b>	Monday	1-3p	FREE
<b>Texas Hold'em Poker</b>	Tuesday	12-2p	FREE
<b>TOPS (Taking Off Pounds Sensibly)</b>	Friday	9:30-10:30a	\$47/yr call Christine for member info 269-487-8305
<b>Ukulele Class</b>	Thursday	10:30-11:30a	\$4
<b>Ukulele Jam</b>	Tuesday	4-5p	FREE